

March 16, 2020

**MEDIA CONTACT:**

Katie Perry

Chief Development and Strategy Officer/Senior Vice President

Direct: 320-763-1153; Cell: 320-760-3791

At this time, there are no known cases of COVID-19 at Pelican Valley Senior Living. A no visitor policy remains in effect at all of our campuses. There may be limited visitors in such instances at end-of-life or special circumstances. Emergency situations/visits will be considered on an individual basis.

We continue to monitor and implement recommendations out of precaution and preparedness for the safety of our residents and staff regarding coronavirus (COVID-19).

The Centers for Disease Control reminds us all to implement preventive actions that can help prevent the spread of respiratory illnesses:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Always wash your hands with soap and water if your hands are visibly dirty.
- Avoid close contact with people who are sick.
- Stay home when you are sick, except to get medical care.
- Cover your coughs and sneezes with a tissue.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.

Stay up-to-date on news related to COVID-19 and the precautions we're taking at Pelican Valley Senior Living at <http://pelicanvalleyseniorliving.org/coronavirus/>.